

Possible risks or complications of the procedure:

- ◇ Dysuria, haematuria and infection.
- ◇ Retention of urine due to clot retention in the bladder.
- ◇ Long term complication like urethral stenosis.
- ◇ Puncture to bladder, damage to urethra but is uncommon.



- We provide "Octopus hourly parking services"
- Green Line Minicab: 2, 17M, 25M, 46, 70,
- Red Line Minicab: Mongkok to San Po Kong / Wong Tai Sin / Kowloon City
- Public Buses: 1, 1A, 2A, 6D, 7B, 9, 12A, 13D, 16, 24, 27, 42, 95, 98C, 113, 203E, 296C, N216
- MTR
- * Lok Fu: 5 mins by taxi
- * Mongkok: by red line minibus, get off at Lomond Road
- * Sung Wong Toi: Exit B1, about 5-10 minutes walk
- East Rail Line
- * Mongkok East: about 5 minutes by taxi
- * Kowloon Tong: by green line bus no. 25M
- Rehabus (Dial-a Ride): (852) 2817 8154

Should you have any queries, please contact your doctor in-charge.

Reference: Hospital Authority
October 2021 (Reviewed)
PFE-EPI-9-E014



St. Teresa's Hospital
聖德肋撒醫院

Flexible Cystoscopy Examination

Health Information

健康資訊

Introduction:

Flexible cystoscopy is passing through of a telescope into the bladder through the urethra. It is useful to diagnose any abnormalities in the urethra, bladder and ureteric orifice.

Indication:

Urinary symptoms arise due to problems in bladder or urethra.

How is the procedure performed?

- 1) Lie in supine position with both legs hang up.
- 2) Lubricate the orifice of the urethra with jelly.
- 3) Pass the flexible cystoscope into the bladder through the urethra.
- 4) The patients will have sensation of full bladder.
- 5) Taking of biopsy or Irrigation of bladder will be performed if required.
- 6) The whole procedure usually takes 10 to 15 minutes.

Preparation needed before the procedure:

- ※ Normal diet.
- ※ Empty bladder before the examination to allow the doctor to have a clear view of the bladder.

Care after the procedure:

- ※ Normal diet.
- ※ Slight dysuria, haematuria, drinking extra water can help and the symptoms will be subsided gradually.
- ※ Usually can be discharged on the same day.

.....

