

**St. Teresa's Hospital
Eye Centre**

**Patient Information
Cataract Surgery**

Pre-operative:

- Please notify doctor if patient has chronic disease like hypertension, diabetes, heart disease or drug allergy.
- Take chronic medication as usual.
- Please notify doctor if patient is taking aspirin or other anticoagulants.
- No food restriction is needed. Keep well balanced diet.
- Avoid smoking and drinking alcohol.
- Hair washed, bathed and nail cut before the surgery.

On Surgery Day:

- Take chronic medication as usual except aspirin and anticoagulants.
- Face cleaned.
- Light meal is suggested if surgery is under local anaesthesia.
- Avoid wearing pullover clothing to prevent contact with eyes.
- Take off denture if any.

Please arrive with escort on _____ at _____

During Surgery:

- Local anaesthesia is performed on eye.
- Patient will be conscious with pain-free.
- Do not move the head and body during surgery.
- Face is covered by sterile drape. Good ventilation is for sure.

Cataract surgery complications:

Cataract surgery is of high success rate but with some rare complications.

- Vision may be affected if eye infected.
- Glaucoma, retinal detachment, hemorrhage, corneal edema that can be controlled by medications or surgeries.
- Posterior capsular opacity causing blurry vision. Yag laser can be done to restore vision.

Date: _____

Reference

1. 醫院管理局- 智友站 Retrieve, 2012 from
http://www.ekg.org.hk/pilic/public/Ophthal_PILIC/Ophthal_CataractOperationandIntraOcularLensImplantation_0065_chi.pdf