

## General Information

- ❖ Please make appointment in advance.
- ❖ Please bring the referral letter and I.D. Card / Passport or valid Hong Kong Travel Visa for registration 15 minutes before the appointment.
- ❖ Please inform us at 22003155 during office hour if you cannot attend in time.
- ❖ When typhoon signal No. 8 (or above) or the rain storm black warning is hoisted, please contact us to rearrange a new appointment.
- ❖ In addition to health examination scheme, optional diagnostic investigations are available. Please refer to our website.

References:

[www.21.ha.org.hk/smartpatient](http://www.21.ha.org.hk/smartpatient)

Effective since: March 2022

PFE-EPI-3-E010



Tel: (852) 22003434

Website: [www.sth.org.hk](http://www.sth.org.hk)

- We provide "Octopus hourly parking services"
- Green Line Minicab: 2, 17M, 25M, 46, 70,
- Red Line Minicab: Mongkok to San Po Kong / Wong Tai Sin / Kowloon City
- Public Buses: 1, 1A, 2A, 6D, 7B, 9, 12A, 13D, 16, 24, 27, 42, 95, 98C, 113, 203E, 296C, N216
- MTR
- \* Lok Fu: 5 mins by taxi
- \* Mongkok: by red line minibus, get off at Lomond Road
- \* Sung Wong Toi: Exit B1, about 5-10 minutes walk
- East Rail Line
- \* Mongkok East: about 5 minutes by taxi
- \* Kowloon Tong: by green line bus no. 25M
- Rehabus (Dial-a Ride): (852) 2817 8154



St. Teresa's Hospital  
聖德肋撒醫院

## Echocardiogram

## Examination Information



# Echocardiogram



## Health Screening & Diagnostic Centre

1/F Main Block, St. Teresa's Hospital

Tel: (852) 2200 3155

Working Hours:

08:00-16:00 (Monday to Saturday)

## Introduction

Echocardiogram is an instrument that in a painless and noninvasive manner employs the differential transmission and reflection of ultrasonic waves to image structural and functional abnormalities of the heart.

## Why the test is performed

- ※ To assess diseases of the heart structure and heart valves
- ※ To assess the motion of the heart wall
- ※ To detect abnormalities in the pattern of blood flow
- ※ To diagnose cardiovascular diseases
- ※ To evaluate location and extent of any cardiac tissue damage

## Before the test

1. Wear loose, comfortable clothing or you may be asked to change an examination gown.
2. For child below 3 years old, it is advised to take prescribed sedative drugs before examination.
3. For baby, please bring along a pacifier or a bottle of milk to soothe them.

## During the test

1. You will be instructed to lie in left lateral position.
2. You will be asked to pull-up your top up to the clavicular and electrodes will be placed on your chest.

3. Doctor will apply some water-soluble gel on your chest region and use a transducer moving over the chest region. You may feel some pressure when the transducer is firmly pressed on your chest.
4. Sometimes you have to hold your breath, so that clear ultrasound images can be obtained.
5. Examination takes about 15 to 30 minutes.

## After the test

1. The gel and electrodes will be removed.
2. Report will be delivered to the referring doctor when available.
3. If you have any enquires, please contact your family doctor or the Health Screening and Diagnostic Centre.

327 Prince Edward Road  
St. Teresa's Hospital

Phone: (852)-22003434

Website: [www.sth.org.hk](http://www.sth.org.hk)