

## General Information

- ※ Please make appointment in advance.
- ※ Please bring the referral letter and I.D. Card / Passport or valid Hong Kong Travel Visa for registration 15 minutes before the appointment.
- ※ Please inform us at 22003155 during office hour if you cannot attend in time.
- ※ When typhoon signal No. 8 (or above) or the rain storm black warning is hoisted, please contact us to rearrange a new appointment.
- ※ In addition to health examination scheme, optional diagnostic investigations are available. Please refer to our website.

References:

[www.21.ha.org.hk/smartpatient](http://www.21.ha.org.hk/smartpatient)

Effective since: 1 March 2022

PFE-EPI-3-E018



Tel: (852) 22003434

Website: [www.sth.org.hk](http://www.sth.org.hk)

- We provide "Octopus hourly parking services"
- Green Line Minicab: 2, 17M, 25M, 46, 70,
- Red Line Minicab: Mongkok to San Po Kong / Wong Tai Sin / Kowloon City
- Public Buses: 1, 1A, 2A, 6D, 7B, 9, 12A, 13D, 16, 24, 27, 42, 95, 98C, 113, 203E, 296C, N216
- MTR
  - \* Lok Fu: 5 mins by taxi
  - \* Mongkok: by red line minibus, get off at Lomond Road
  - \* Sung Wong Toi: Exit B1, about 5-10 minutes walk
- East Rail Line
  - \* Mongkok East: about 5 minutes by taxi
  - \* Kowloon Tong: by green line bus no. 25M
- Rehabus (Dial-a Ride): (852) 2817 8154



St. Teresa's Hospital  
聖德肋撒醫院

## Lung Function Test

## Examination Information

# Lung Function Test



## Health Screening & Diagnostic Centre

1/F Main Block, St. Teresa's Hospital

Tel:(852) 2200 3155

Working Hours:

08:00-16:00 (Monday to Saturday)

## Introduction

Lung Function Test evaluates how well your lungs work and the data is presented in a chart form.

## Purposes

- Determine the cause of breathing problems
- Diagnose certain lung diseases, such as asthma or chronic obstructive pulmonary disease (COPD)

- Evaluate a person's lung function before surgery
- Check the effectiveness of treatment for lung diseases

## Examinations

- ※ Spirometry : Measure the amount and speed of air that can be inhaled and exhaled
- ※ DLCO : Studying alveoli gas exchange function
- ※ Lung Volume: Studying the volume of gas air inspired into, expired from or stayed in the lungs during breathing

## Before the test

1. You would stop taking any of your medication as ordered by your doctor-in-charge such as bronchodilator 4 hours before the test.
2. You would be advised to cease smoking or vigorous exercise 6 hours before the test. Also avoid overeating and drinks that contain caffeine.
3. If you have dentures, wear them during the test to help you form a tight seal around the mouthpiece of the spirometer.
4. You would bring your own medications, e.g. inhaler which prescribed by doctor-in-charge.

## During the test

1. You are advised to stand or sit up straightly.
2. You need to breathe through a mouthpiece which is to be held tightly with your lips.
3. You will wear a nose clip or use the hand to clip the nose to make sure that no air passes in or out of your nose during the test.
4. The test is proceeding in a room with good air circulation.
5. The medical staff may strongly encourage you to breathe deeply during some of the tests to collect the better results. You must follow the instructions of our medical staff to complete the test.

## After the test

1. You will be asked to sit down until lightheaded or dizziness is subsided.
2. You will be explained the result during follow-up.
3. Complications are unusual.
4. If there is further concern about this procedure, please call us or consult your doctor-in-charge.

327 Prince Edward Road  
St. Teresa's Hospital

Phone: (852)-22003434

Website: [www.sth.org.hk](http://www.sth.org.hk)