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Website: [www.sth.org.hk](http://www.sth.org.hk)

- 本院設有「八達通」時鐘泊車服務  
We provide Octopus hourly parking service
- 公共小巴綠色專線/ Green Line Public Bus: 2, 17M, 25M, 46, 70
- 紅色非專線: 旺角往新蒲崗/黃大仙/九龍城  
Red Line Minicab: Mongkok to San Po Kong / Wong Tai Sin/Kowloon City
- 公共巴士/ Public Bus : 1, 1A, 2A, 6D, 7B, 9, 12A, 13D, 16, 24, 27, 42, 95, 98C, 113, 203E, 296C, N216
- 港鐵 / MTR
- ※ 樂富站轉乘的士約五分鐘到達  
Lok Fu Station: 5 mins by taxi
- ※ 旺角站轉乘非專線小巴(近先達廣場)至露明道 Mongkok Station: by red line minicab, get off at Lomond Road
- ※ 宋皇台: B1 出口, 可步行 5-10 分到達 Sung Wong Toi: Exit B1, about 5-10 minutes walk
- 東鐵 / East Rail Line
- ※ 旺東可換乘的士約五分鐘到達  
Mongkok East: about 5 minutes by taxi
- ※ 九龍塘可換乘專線小巴 25M 至界限街 Kowloon Tong: by green line bus no. 25M
- 復康巴士電召服務/Rehabus (Dial a Ride) : 28178154

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St. Teresa's Hospital  
聖德肋撒醫院

## Management of Diarrhea

### 腹瀉處理

## Health Information

### 健康資訊

## 腹瀉處理

- 多喝開水或稀粥水
- 勿進食油膩煎炸、高纖維、蔬果類及奶類食
- 進食前及如廁後必須洗手
- 按醫生處方服用補充水份溶液
- 如腹瀉加劇、小便量減少、呼吸加速、煩躁不安、神志不清或呆滯，請儘快求醫
- 替小孩患者更換尿片後，必須替其清洗，臀部可塗上合適藥膏以保護臀部皮膚

\*以上資訊只供參考，並不能完全反映醫生意見，想了解更多有關資訊，應諮詢你的醫生。

## Management of Diarrhea

- Drink more water or congee
- DO NOT take fried food, food containing high fiber, vegetables or dairy products
- Take oral re-hydrating solution as doctor's prescribed



- Seek medical help immediately if:
  - ※ diarrhea gets more severe
  - ※ decreased urine output
  - ※ breathing getting faster
  - ※ found restless
  - ※ found unconscious or delirious
- For patients who are incontinent, please rinse the buttock whenever napkin is changed. Suitable lotion can be applied to prevent skin laceration on buttock

\*This document is for information purpose and is not intended to be a substitute for the advice of a doctor. Should you have any queries, please consult your doctor-in-charge.

References: World Health Organization. (2007). Guideline for management of common diseases in young children in emergencies

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